

**Virginia’s Social-Emotional Related Factors Screening and Assessment Toolkit**

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| **Tool** | **Cost** | **Age Range** | **Content** | **Time Needed** | **Who Can Administer** |
| [Social-Emotional Assessment/ Evaluation Measure (SEAM™), Research Edition](https://products.brookespublishing.com/Social-Emotional-AssessmentEvaluation-Measure-SEAM-Research-Edition-P717.aspx) | $52 | 2-66 months | Assessment tool for measuring children’s social-emotional development and parenting competence. Each interval assesses 10 child benchmarks critical to social-emotional competence, including empathy, adaptive skills, self-image, emotional responses, and healthy interactions with others. | 10-30 min | Early interventionists, early childhood teachers, Head Start & Early Head Start staff, home visitors, parenteducators, and mental health professionals |
| [Early Childhood Assessment for Infants/Toddlers (DECA I/T)](https://www.kaplanco.com/product/16139/deca-early-childhood-assessment-for-infants-toddlers-deca-i-t-kit?c=17%7CEA1000&utm_term=&utm_campaign=(ROI)+NB+DSA+-+Main&utm_source=google&utm_medium=cpc&hsa_acc=4352476128&hsa_cam=17614154575&hsa_grp=141871854361&hsa_ad=607285928627&hsa_src=g&hsa_tgt=dsa-19959388920&hsa_kw=&hsa_mt=&hsa_net=adwords&hsa_ver=3&gclid=CjwKCAiA9NGfBhBvEiwAq5vSyzTRJ3ym5iZcE7gUS4KJAy5uKKQVhfxxUhcRDKLOrbsQ-FcwnJdwIBoCmY8QAvD_BwE) | $229.95 paper$299.95 electronic | 1 mo-3 yrs. | A tool for assessing protective factors and screening for potential risks in the social and emotional development of very young children. | 5-10 min | Knowledge of test (assessment) interpretation necessary to understand results and explain results to families. Training not required, but recommended. |
| [DC:0–5™ Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood](https://www.zerotothree.org/our-work/learn-professional-development/dc0-5-manual-and-training/) | $55.99 | Birth-3 yrs. | Used as resource for diagnosing mental health and developmental disorders in infants and toddlers.  | N/A | CLINICAL ONLYDesigned for advanced practitioners such as mental health clinicians, psychiatrists, pediatricians, nurse practitioners, and early intervention specialists whose work with infants, young children, and their families involves assessment, diagnosis, and case formulation. |
| [The Functional Emotional Assessment Scale (FEAS)](https://www.icdl.com/research/functional-emotional-assessment-scale)  | FREE | 7 mo-4yrs | Assesses young children and their caregivers who are at risk or have problems in development of social engagement, attachment, play interactions, and emotional functioning. Specifically, for problems in self-regulation, attachment, communication, attention, and behavioral control.  | 20 min | Observations of play sessions by a highly trained individual |
| [The Survey of Well-being of Young Children](https://pediatrics.tuftsmedicalcenter.org/the-survey-of-wellbeing-of-young-children/overview) (SWYC) | FREE | 1mo-65 mo | Every SWYC form includes sections on developmental milestones, behavioral/emotional development, and family risk factors. At certain ages, a section for Autism-specific screening is also included | <15 min | Pediatric primary care providers (PPCPs), home visitors, child care providers, andpreschool teacher |
| **Attachment** |
| [Attachment During Stress (A-D-S) Scale](https://www.allianceaimh.org/ads-scales) | FREE | Birth to 18 months | The scale provides indicators of mother-infant attachment. It can also assess the quality of father-infant or caretaker-infant interaction. The scale screens for conditions as diverse as lack of infant responsiveness in autism or parental avoidance in child neglect, and can guide treatment. Use in situations that produce tension for parents and babies.  | 15 min | Mental health, pediatricians, early education providersCan be used during naturally occurring events like dressing, ending bathing, ending playing, feeding and bedtime.  |
| [Disturbances of Attachment Interview--Revised](https://medicine.tulane.edu/infant-institute/measures-manuals) | FREE | 10-60 months | Semi-structured interview with the primary caregiver of the child investigating both types of attachment disorder symptoms | 20 min | CLINICAL, Training required |
| **Autism** |
| [Communication and Symbolic Behavior Scales Developmental Profile (CSBS DP)](https://brookespublishing.com/product/csbs-dp/)[CSBS DP Infant-Toddler Checklist](https://brookespublishing.com/product/csbs-dp-itc/) | $399FREE | 6-24 months | Quantifies and infant’s proficiency in 3 subdomains: social and emotional communication, receptive and expressive speech, and symbolic behavior. It can be used earlier than many autism specific screens. CSBS DP results provide a great starting point for planning IFSPs, identifying areas for further assessment, determining the efficacy of interventions, and documenting changes in a child’s behavior over time. | 5-10 min | Caregivers and professionals trained to assess young children (e.g., speech-language pathologists, early interventionists, or psychologists); professionals score |
| [Modified Checklist for Autism in Toddlers-Revised, with Follow-Up (M-Chat-R/F)](https://mchatscreen.com/) | FREE | 16-30 months | Autism screen uses Yes/No questions about joint attention, pretend play, repetitive behaviors, and sensory abnormalities | 5-10 min | Professionals and specialists  |
| [Parent’s Observations of Social Interactions (POSI)](https://pediatrics.tuftsmedicalcenter.org/the-survey-of-wellbeing-of-young-children/parts-of-the-swyc/posi#:~:text=The%20Parent's%20Observations%20of%20Social,from%20the%20Boston%20Autism%20Consortium.) | FREE | 18-35 months and 31 days | Component of the Survey of Well-Being of Young Children, autism screen that can be completed by parents and/or teachers with paper and online versions.  | 5 min | Professionals and specialists |
| **Behavior** |
| [Child Behavior Checklist (CBCL/1) 1/2-5](https://aseba.org/preschool/) | [$40?](https://store.aseba.org/Child-Behavior-Checklist-l-5/products/22/) | 18 months-5 years | Items are scored on the following syndrome scales: Emotionally Reactive, Anxious/Depressed, Somatic Complaints, Withdrawn, Attention Problems, Aggressive Behavior, and Sleep Problems. | 10-20 min | Training by Experienced Clinician (4+ hours)Prior Experience in Psych Testing/Interpretation |
| [Behavioral Assessment of Baby’s Emotional & Social Style (BABES) Toolkit: Intervention Strategies for Developmental Guidance & Support](https://www.wested.org/resources/babes-toolkit/) | $59.95 | 0-3 yrs | A screening tool for social-emotional development, consisting of three scales—temperament, ability to self-soothe, and regulatory processes. | 10 min | Early Childhood Professionals |
| **Environmental Safety/Stability** |
| [Health and Safety Checklist](https://resources.211childcare.org/wp-content/uploads/2022/06/211-Child-Care-Health-and-Safety-Checklist-English.pdf) |  | Any | Checklist will help you to provide healthy and safe environment for young children. | Unknown | None |
| **Family Mapping and Resources** |
| [Ecomap](https://sites.google.com/metro-ecsu.org/mn-eqip/family-centered-practices/ecomap) | FREE | Any | An EcoMap is a graphical representation that shows all of the systems at play in an individual’s life. | 10-15 min | N/A |
| [Family Resource Support Guide](https://fipp.ncdhhs.gov/wp-content/uploads/casetools_vol6_no5.pdf) | FREE | Birth to three | The Family Resource Support Guide contains three tools: the Family Resource Scale, Resource Map, and Family Resource Support Plan. The tools are used in combination to assist the family with identifying needs and priorities, identifying existing and potential resources, and developing a plan for mobilizing and using the selected resources. | Unknown | Practitioners |
| **Parent-Child Relationship** |
| [Parenting Interactions with Children: Checklist of Observations Linked to Outcomes (PICCOLO)](https://brookespublishing.com/product/piccolo/) | $60 | 10-47 months  | A checklist of 29 observable developmentally supportive parenting behaviors in four domains (affection, responsiveness, encouragement, and teaching). It is a positive, practical, versatile, culturally sensitive, valid, and reliable tool for practitioners that shows what parents can do to support their children’s development. | 10 min observation | Home visitors, parent educators, social workers, child development specialists, parenting class leaders, infant mental health clinicians |
| **Parental Mental Health** |
| [EPDS (Edinburgh Postnatal Depression Scale)](https://www.cope.org.au/health-professionals/health-professionals-3/calculating-score-epds/) | FREE | Postpartum | Developed to assist in identifying possible symptoms of depression in the postnatal period. | 10 min | Screening tool only, refer to specialist for care as appropriate |
| [The Perinatal Anxiety Screening Scale (PASS)](https://drsarahallen.com/wp-content/uploads/2015/10/PerinatalAnxietyScreeningScale2.pdf)[Scoring](http://unmobgyn.pbworks.com/w/file/fetch/115267522/Luna%20and%20Wallin%20-%20PASSAdministrationandScoringGuidelines.pdf) | FREE | Perinatal or Postpartum | Designed to screen for problematic anxiety in antenatal and postpartum women. | 6 min | Screening tool only, refer to specialist for care as appropriate |
| **Parenting Stress** |
| [Parental Stress Scale (PSS)](https://www.corc.uk.net/outcome-experience-measures/parental-stress-scale-pss/) | FREE | Caregivers with children | An 18-item questionnaire assessing parents’ feelings about their parenting role, exploring both positive aspects (e.g. emotional benefits, personal development) and negative aspects of parenthood (e.g. demands on resources, feelings of stress). | <10 min | None listed |
| **Temperament and Self-Regulation** |
| [Infant Toddler Temperament Tool (IT3)](https://www.ecmhc.org/temperament/index.html) | FREE | 0-3 yrs. | The Infant Toddler Temperament Tool includes a short online survey that allows parents and caregivers of infants and toddlers to recognize and explore their own temperament traits and those of a child for which they provide care. | 15 min | Early Childhood |
| [Temperament and Atypical Behavior Scale (TABS) Assessment Tool](https://products.brookespublishing.com/Temperament-and-Atypical-Behavior-Scale-TABS-Assessment-Tool-P526.aspx) | $40 | 11-71 months | A norm-referenced tool designed to identify temperament and self-regulation problems that can indicate that a child is developing atypically or is at risk for atypical development. This 55-item checklist covers areas such as temperament, attention, attachment, social behavior, play, vocal and oral behavior, sense and movement, self-stimulation and self-injury, and neurobehavioral state.Uses: determining eligibility, designing IFSPs/IEPs, or developing mental health or behavioral support plans | 10-30 min | Professionals and Practitioners |
| **Trauma/ Grief** |
| [Trauma Exposure Screening Inventory‐ Parent Report Revised (TESI‐PRR)](https://www.sandiego.edu/teamup/documents/DRL-TESI-Parent.pdf) | FREE | 0‐6 years | A measure of experiencing and witnessing of traumatic events for young children. Includes traumas more frequently occurring to young children (i.e., animal attacks, prolonged or sudden separations and intense family conflict). | 30-60 min | Familiarity w/administration, scoring guidelines, and interpretation Request from: Chandra.ghosh@ucsf.edu  |
| [The Center for Youth Wellness ACE Questionnaire (CYW ACE-Q)](https://centerforyouthwellness.org/aceq-pdf/)Second section added on questions for section 2 | FREE | 0-19 yrs. | A clinical screening tool that calculates cumulative exposure to Adverse Childhood Experiences (ACEs). | 15 min | Pediatricians and Family Doctors\*\* |
| [The Pediatric ACEs and Related Life-events Screener (PEARLS)](https://www.acesaware.org/learn-about-screening/screening-tools/) | FREE | 0-19 | Screening for ACEs. | 15 min | Pediatricians, developed in CA |
| [Protective Factors Surveys](https://friendsnrc.org/evaluation/protective-factors-survey/) | FREE | 0-17 | The Protective Factors Survey (PFS) is a 20-item measure designed for use with caregivers receiving child maltreatment prevention services suchas home visiting, parent education, and family support. It is a pre-post survey completed by the program participants, usually parents orcaregivers.The PFS measures protective factors in five areas: family functioning/resiliency, social support, concrete support, nurturing and attachment, and knowledge of parenting/child development. | 10-15 min | Anyone working with families (home visiting, parent education, and family support) |